

# Research on the Connotation and Practice Path of the Construction of Dormitory Civilization in Universities

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**Abstract:** In the environment of colleges and universities, student dormitories are the most crucial place for students to study and live, and the place where students have the most extended daily activities. The construction of civilized dormitory is of great significance for promoting the healthy growth of college students' body and mind, building a safe and harmonious campus, and promoting the development of campus culture. Therefore, the internalization of socialist core values should be based on the construction of dormitory civilization. Explores the connotation of dormitory civilization construction in the new era, and analyzes the challenges faced by the current dormitory civilization construction. Finally, it expounds the practical path of college dormitory civilization construction from seven aspects: perfecting hardware measures, strengthening team construction, and scientifically assigning dormitory.

## 1. Introduction

Since the 18th National Congress of the Communist Party of China put forward the core values of socialism, colleges and universities have been using it as a valuable guide for teaching, and actively explored the path of practising socialist values.<sup>[1]</sup> The most critical place is the place where students have the most extended daily activities. Therefore, the internalization of socialist core values should take the construction of dormitory civilization as a carrier-the practice path of the dormitory.

## 2. Connotation of Dormitory Civilization Construction

“Prosperity, democracy, civilization, harmony; freedom, equality, justice, the rule of law; love, dedication, integrity, and friendliness” is the value orientation proposed at the national level, and the core values of socialism are refined, reduced, and implemented in the dormitory. In the construction of civilization, the connotation of the development of dormitory civilization can be macroscopically perfected into safe, tidy, harmonious, warm, and pleasant. From the perspective of the dormitory group, it must be reliable, tidy and environmentally friendly; from the perspective of individuals, each individual in the dormitory should be inclusive, help and encourage;

First, safety, cleanliness, harmony and warmth, and goodness are the general goals of dormitory civilization construction.

Safety and cleanliness are the necessary conditions for ensuring the smooth progress of students' lives; harmony and warmth are the foundations for students' happy learning and the humanistic environment for a living; goodness is the atmosphere guarantee for students' better self-development and self-improvement.

Second, safety, cleanliness and environmental protection are the ecological requirements for the construction of civilized dormitory in colleges and universities.

In the construction of civilized dormitory, the meaning of safety includes the safety of electricity and water, personal safety, property safety, network security, etc.; the purpose of tidy means that the dormitory is clean and the items are neatly placed in an orderly manner; the meaning of environmental protection means saving water. Electricity use, secondary waste utilization, etc.

Third, tolerance, mutual assistance, and mutual encouragement are the basis for maintaining good relations among dormitory members.

Now that college students have entered zero, most of them are only children and have distinct personalities. Therefore, tolerating each other's living habits is a prerequisite for the establishment of a good dormitory relationship; mutual help and mutual encouragement are the stimulants for the sublimation of the good dormitory relationship.

### **3. New Problems Faced by the Current Construction of Dormitory Civilization**

#### **3.1 Students' Safety Awareness is Weak**

Because the supporting facilities of the dormitory are challenging to meet the needs of students, students will repeatedly use illegal electrical appliances. With the rapid development of new media technology, mobile phones and computers have become a necessity for college students. While the Internet has brought much knowledge to students, it has also caused some adverse effects. There is very little time for roommates to communicate, and at the same time, there are some wrong comments on the Internet that will affect students to form correct values.

#### **3.2 The Dormitory Civilization Construction Team Needs to Be Optimized**

Although colleges and universities recognize the importance of dormitory civilization construction, the management and investment of the dormitory civilization construction team are still at a stage of insufficient attention. For the development of dormitory, civilization is strictly limited to safety inspections, cultural corridors in dormitory corridors, etc., the management teamwork is not systematic.

#### **3.3 The Evaluation Indicators of Housekeeping Are Too General**

Most colleges adopt the universal language similar to neat and beautiful, elegant style, healthy and upwards in the dormitory management regulations of student dormitory management regulations, which does not refine this. The students self-interpret after seeing the words. There will be many standards, and excellent results cannot be achieved.

#### **3.4 Students' Awareness of Energy-Saving and Environmental Protection Needs to Be Improved**

At present, the phenomenon of takeaways from college students is severe. White pollution can be seen everywhere, which has a significant impact on the environment. At the same time, long flowing water and running lights are often found in student dormitories. Need to be improved.

#### **3.5 Poorly Considered Dormitory Allocation**

With the development of society, the gap between the rich and the poor in the family is increasing, and the difference in the cost of living of students is also apparent. "It is precisely based on the social class differentiation that brings different family backgrounds, which will inevitably bring different thinking and different living habits of college students, and to a certain extent bring different spiritual qualities."<sup>[2]</sup> Different habits and ways of life. However, at present colleges and universities rarely take this factor into the allocation of student dormitory when allocating student dormitory.

#### **3.6 The Extension of Mental Health Education is not enough**

After zero, because most of them are only children, most of them grew up in the spoils of their parents, and their self-care ability is reduced. They always pay attention to their interests. If their interests are affected, they will show indifferent feelings. Although mental health education has been popularized throughout the school, it has failed to extend mental health education to dormitories.

#### **3.7 Dormitory Activities Are Not Targeted**

Most of the dormitory activities held by colleges now require less participation by dormitory members. Most students do their good in their activities. Dormitory activities are aimed at

enhancing roommates 'cohesion and stimulating roommates' upward force. The design should focus on the goal of improving roommate intimacy and inspiring roommates to forge ahead.

#### **4. The Practical Path of Dormitory Civilization Construction in Colleges and Universities**

##### **4.1 Improve Dormitory Hardware Facilities, Strengthen Safety Education, and Increase the Safety Factor**

In order to reduce or even avoid the phenomenon of illegal use of electrical appliances by students, the school can install sockets in accordance with water heaters, direct drinking fountains, washing machines, air conditioners and other equipment in student dormitories to solve the needs of students for heating and cooling with domestic electricity; In addition, exercise and leisure equipment should be built in the student dormitory area, such as installing fitness equipment, leisure tables and chairs, beautifying the environment with green plants, and creating an excellent humane environment for the student living area. Install a face recognition gate at the entrance of the dormitory building to ensure that people who are not living in the castle enter the dormitory building, install monitoring in the corridor, and regularly check and repair to ensure the safety of students' personal property. Periodically organize training assessments for dormitory administrators, especially for the familiarity with the information of the students in the dormitory, to ensure that the dormitory administrators are well aware of the students. Carry out regular inspections of electrical appliances in violation of regulations, establish an online platform for student maintenance and repair, and students in the dormitory can report for repairs as soon as they fail. At the same time, we should regularly conduct safety education for students, carry out safety lectures, safety exercises and other activities, especially pay attention to network safety education, guide students to use the network scientifically, use the system rationally, and establish a correct outlook on life, values and world outlook.

##### **4.2 Strengthen Team Building and Establish a Five-Level Civilized Dormitory Construction Management System**

A team should perform the construction of civilized dormitory with good quality, reasonable structure and durable professional quality. Colleges and universities can establish a five-level management system of dormitory management centre, dormitory management teacher, student dormitory supervision committee, floor manager and dormitory manager. , Break down and refine the tasks of civilized dormitory construction, assign responsibility to people, conduct grid management of dormitory civilization construction, reduce the functions to detail, and incorporate the results of dormitory civilization construction into teachers 'performance evaluation indicators at the end of the year to ensure this The work was sufficient.

##### **4.3 Establish Quantitative Assessment Indicators, Referring to the Militarized Internal Management Standards**

The phenomenon of dirty and messy student dormitory is widespread. There are many things and disorderly placement. This situation is not conducive to the useful life of students. Therefore, it should start from enrollment education. During military training, the instructor will require each dormitory to be managed by the internal affairs of the army. After the military exercise is over, the school should continue to continue this standard, establish rules and regulations, and set up dormitory housekeeping to develop quantitative assessment indicators, so that students can clarify the location of various objects. , Incorporate the dormitory internal assessment into the comprehensive quality assessment system of students, as one of the first assessment basis for student evaluation.

##### **4.4 Establish Environmental Awareness and Build a Green Dormitory**

The report of the 19th National Congress of the Communist Party of China stated: "Accelerate the reform of the ecological civilization system and build a beautiful China." "Humans and nature are communities of life. Humans must respect the environment, conform to view, and protect the

environment. Promote green development, and promote the comprehensive conservation and recycling of resources, reduce energy consumption and material consumption, advocate a simple and moderate, green and low-carbon lifestyle, and carry out actions such as creating economic institutions, green families, green schools, green communities and green travel. “<sup>[3]</sup>Therefore, colleges and universities should use class meetings, bulletin boards, broadcasts and other carriers to promote energy-saving ideas to students; the Department of Logistics of the Chinese Academy of Sciences and Technology will commend and publicize the excellent dormitory made by water and electricity saving, and choose tree models; some water-saving festivals can be held Public Welfare Micro Video Production Contest, through which students can take the initiative to make materials and shoot independently to achieve better educational effects; students are encouraged to sort waste and hold some creative competitions for waste recycling to give trash new meaning and value.

#### **4.5 Scientific Allocation of Dormitories, Laying a Good Foundation for Good Interpersonal Relationships**

Because college students come from all parts of the motherland, the climate, environment, and economic conditions of students in different regions are different. Therefore, the school should check the students' files before entering the school, providing first-hand materials for the allocation of dormitories; basis. Colleges and universities can give each student an information card when they enter school. Students can write their shortcomings, interests, hobbies, taboos, etc. on the information card. Exchange cards with each other to build a more comprehensive understanding of each other.

#### **4.6 Psychological Education Enters the Dormitory and Resolves Interpersonal Conflict**

In recent years, there have been repeated outbreaks of injuries caused by the disputes of interpersonal communication in college dormitories, which can not help but sound the alarm for the ideological and political educators. The emergence of dormitory contradictions also reveals the imperfection of dormitory civilization construction from the side. Therefore, dormitory civilization construction is inseparable from psychological counselling and psychological education for students. Although various colleges and universities have set up mental health courses, due to the limitation of class hours, they have failed to solve the psychological conflicts and problems of students in time. The school should set up a psychological counselling point in each dormitory building to ensure that students have subjective disputes or issues. Can find the channel of consultation timely and expertly. At the same time, the psychological counselling centre should also regularly enter the dormitory to carry out some small mental activities to guide students to maintain healthy psychology.

#### **4.7 Project-Oriented, Create an Atmosphere of Mutual Assistance among Students**

The rapid development of new media has made people closer and closer, but the psychological distance is getting farther and farther. The exchange of members in the dormitory is getting less and less. The night talks in the past have gradually disappeared. Everyone in the room has become a low-headed family. Over time, the human relationship has steadily grown indifferent. In order to increase the exchanges between dormitory students, the school can organize. Some activities are based on the dormitory.” To strengthen the construction of civilized dormitory, we must give full play to the subjective initiative of students and organize college students to carry out colorful dormitory cultural activities.”<sup>[4]</sup>For example, dormitory debate competition, tug-of-war competition, civilized dormitory competition, dormitory charm show and other events, the idea of clean dormitory construction is integrated into the business, through various ways to make students happy and comfortable to accept, let students participate in it, students participate in activities In order to gather the strength of the body, complete the competition project, and stimulate the vitality of the dormitory through activities, strengthen the friendship between the members of the room.

#### **4.8 Build a Model Dormitory and Create a Comparison, Catch, and Super Atmosphere**

The room is a significant breeding space for students to grow into talents. Peer influence will

also have a substantial impact on college students. It can also be seen from many registrations that many colleges and universities have a postgraduate dormitory Kobo dormitory. It is precise because of the mutual incentives between dormitory members that they can achieve excellent results. Therefore, the school can carry out more activities such as the selection of excellent study style demonstration dormitory construction. Students can recall materials such as the growth history of the dormitory, thought building, style of study, and stories of mutual help and encouragement, which can be displayed in ppt or video. “[5] Strongly promote and promote learning dormitory, set an example, set a model, and actively create a strong learning atmosphere in the student dormitory.” By setting up advanced and commending the model, creating a pleasant atmosphere of “comparing to learning and helping to surpass” helps to form students there is a positive atmosphere of learning between the dorms and helping each other within the dorms.

## 5. Conclusion

The construction of civilized dormitory in colleges and universities is a robust measure to practice the core values of socialism. The extension of the first classroom of students' ideological and political education is a powerful push for students to improve their civilized qualities and develop good moral behaviour. The construction of dormitory civilization in colleges and universities is a long-term, and arduous task, so ideological and political workers should take active actions to create a safe, clean, harmonious, and warm-hearted campus life cultural atmosphere for students.

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